

Lil' Sports age appropriate programs are designed to create a safe, non-competitive environment for our students. Lil' Sports classes are filled with many different activities. These activities are designed to produce efficient total body movement and to help children grow athletically and socially. Our classes allow children to exert their energy while participating in structured activities that improve listening skills, hand-eye coordination and gross motor skills. Our goal is to make fitness fun for our students and to introduce them to the world of sports and fitness.

Talor Waintrup is the Manager of the Boston territory for Lil' Sports. He is responsible for more than 400 students registered among 30 different schools in Massachusetts. Talor really enjoys working with children of all ages.

Talor background is in sports and teaching. His first job was at ESPN in Bristol, CT. He formerly worked in Bedford at Kids' Club and Callahan's Karate.